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J. Eugene Smith Library, Ground Floor

The **Academic Success Center (ASC)** is home to many different student support services, whose mission is to assist Eastern students in realizing their highest level of achievement possible. The offices are located on the first and second floor of the J. Eugene Smith Library. We encourage all students to take advantage of the resources the Center offers. The ASC is comprised of the following offices:

- Advising Center
- Global Learning
- Opportunity Programs
- Career Services
- Writing Center
- Mathematics Achievement Center (MAC)
- Tutoring and Learning Strategies

Additional information about the Academic Success Center can be found at https://www.easternct.edu/academic-success/index.html

Advising Center

The Advising Center takes a proactive approach to academic advising and student development services for undergraduate students. The Center supports the University's dual-advising services for first-time and transfer students. All students are encouraged to visit the office for assistance with academic planning, course scheduling, placement testing, registering for courses and major exploration. The Center helps students apply the information they learn to their own unique educational goals and personal circumstances. In addition, the Advising Center administers and coordinates the following academic and administrative support programs and services:

- Advising Services for all full and part time undergraduate students, including new and continuing students
- First-year specific advising and transition services
- Placement test administration
- New student academic advising and registration services
- Academic Support and Assistance Program for probationary students
- Exploratory student services for undecided students
- Major/advisor assignment process
- Academic information and referral services
- Transfer and Articulation Policy (TAP) advising
- Bachelor of General Studies (BGS) Advising

For more information or to schedule an appointment, call (860) 465-4526 or visit www.easternct.edu/advising/index.html

Global Learning

Mission

The Office of Global Learning, located in the Academic Success Center, supports Study Abroad and National Student Exchange opportunities, as well as Global Field Courses. The office strives to make global and national travel for credit accessible and viable for as many Eastern students as possible. To learn more please access the webpage here: https://www.easternct.edu/global-learning/index.html

EXCHANGE PROGRAMS AND STUDY ABROAD

National Student Exchange (NSE)

Eastern is a member of the National Student Exchange (NSE). Full-time students may apply to study for one semester or one year at more than 200 member colleges or universities in the United States, its territories and Canada. Students pay tuition and fees to Eastern, while paying room and board and normally charged fees to the host institution. The program is open to sophomores and juniors. Students who wish to participate in NSE during their senior year must obtain approval by their faculty advisors and the Office of Global Learning coordinator. Students are required to have at least a 2.5 cumulative grade point average (GPA) and at least a 2.5 GPA at the end of the semester prior to their away term. Additionally, students must pay a $150 NSE application fee. Financial aid is awarded through the home institution.

The NSE program provides students with the opportunity to take advantage of educational experiences not available at Eastern and to become better acquainted with another region of the country. Students accepted into the program will receive equivalent credit and grades at Eastern for study satisfactorily completed. This means that all courses will appear on the student's Eastern transcript, including "F" graded courses, if any. Students must submit Transfer Course Requests for each class they plan to take away from Eastern. Students receive information about how these courses will transfer back to Eastern one the appropriate chair/Registrar's office reviews the request. The request form can be found on the student's Participant Release Form, which is provided to each student by the Office of Global Learning. NSE/host institution credits are calculated in a student's GPA at Eastern.

To learn more about NSE, click here: https://www.easternct.edu/global-learning/national-student-exchange/index.html

International Student Exchange Programs

Students accepted into Eastern's international exchange and study abroad programs will receive equivalent credit for study satisfactorily completed. Although the equivalent individual courses, credits and grades (including failed courses) will appear on the academic record, the grades will not be reflected in the student's grade point average. Students must submit Transfer Course Requests for each class they plan to take away from Eastern. Students receive information about how these courses will transfer back to Eastern one the appropriate chair/Registrar's office reviews the request. The request form can be found on the student's Participant Release Form, which is provided to each student by the Office of Global Learning.

Study Abroad is open to sophomores and juniors. Students who wish to study abroad during their senior year must obtain approval by their faculty advisors and the Office of Global Learning coordinator. Additionally, students are also required to have at least a 2.5 cumulative grade point average (GPA) and at least a 2.5 GPA at the end of the semester prior to their away term. All students who are registered in the International Study Program courses (ISP 300 and ISP 301) are automatically charged an application fee.

Costs for the international exchange program are the same for tuition and fees that a student would normally pay to attend Eastern; room and board varies with the type of

accommodation.

The following is a partial list of all current international exchange opportunities available at Eastern:

• Baden-Wurttemberg Germany Exchange Program. As part of its new sister-state relationship, the Connecticut Legislature and the State Parliament of Baden-Wurttemberg, Germany, have created an innovative student exchange program involving universities in Baden-Wurttemberg and universities in Connecticut. This program is a one-for-one exchange whereby Eastern students pay tuition and fees at their home institution and receive full benefit of attendance at one of the 10 universities in Germany.

• Queen Margaret University Exchange Program. Eligible full-time Eastern students can spend a maximum of two semesters at Queen Margaret University in Musselburgh, Scotland. Students pay Eastern tuition and fees to Eastern.

To learn more about our partner schools, click here: https://www.easternct.edu/global-learning/study-abroad/partner-universities.html

Opportunity Programs

Dr. Christina Irizarry, Director, Opportunity Programs, Academic Success Center

Opportunity Programs is an office designed to support first-generation, low-income, undocumented students, underprepared and those from underrepresented communities at Eastern. Our mission is to assist these students in their academic journey while fostering growth and connection within both the campus and local communities.

The office provides academic and social support to students in the following programs: STEP/CAP, theDream.US, Hartford Promise, Waterbury Promise, New Haven Promise, Higher Edge, Hispanic Alliance of Southeastern Connecticut, Achievement First (Hartford & Amistad), DC-CAP, Independent Youth (students affiliated with the Department of Children and Families) and CARIBE. International students and First-Generation to College Students also receive social support from the office.

Opportunity Programs is located in Library 107. Our office provides a welcoming study area open to the entire campus community with a special focus on the students we serve. This space is a hub where students can relax, study, and find a sense of belonging. Additionally, we host exclusive events that offer students a chance to connect with peers who share similar experiences, whether they are part of the same program or another under our umbrella.

The Opportunity Programs office is more than just a physical space; it is a resource for students to seek guidance and support for both personal and academic challenges. Our goal is to create an environment where students feel empowered and equipped to thrive in their educational pursuits and beyond.

Office of Career Services

Director: Chris Ambrosio

Academic Success Center, Library 1st floor (860) 465-4458

https://www.easternct.edu/career/

The Office of Career Services helps meet the career development needs of all Eastern students, from first-year students through graduation. Programs and services are designed to guide and support students, while fostering self-direction and personal responsibility in career and life planning. Our office supports students through the following services:

Career Counseling

Self-assessment is essential to career development. Career counseling helps you clarify career goals, explore options, and examine interests, values, and talents. Career counseling sessions are available to assist students with choosing a major, exploring career options, searching for jobs or internships, resume writing, preparing for graduate school, developing interviewing skills, and other career-related topics.

Career Studio

The Career Studio is staffed by trained Career Peer coaches and allows for peer-to-peer interaction. The studio is open for drop-in appointments throughout the fall and spring semesters.

Resume Review

Counselors will provide resume review services in several ways, including a career counseling appointment or a walk-in session with the Career Peer Coaches in the Career Studio.

Workshops

Group sessions on career exploration, resume preparation, interview techniques, and internship and job-search strategies are conducted throughout the academic year.

Handshake

Handshake is a web-based system which allows students and alumni to search for internships, co-ops, and part/full-time jobs. Registering and posting a resume online provides access to career information and resources, as well as many employment postings.

Focus 2

Focus 2 is a web-based personalized career and educational planning system. Students can use Focus 2 to help them select a major, explore career options, and design a career plan for success.

Candid Career

Candid Career is a video based educational site which allows students to learn more about career opportunities related to their major and areas of interest. It also provides hundreds of helpful "Get Hired" videos on topics including resumes, interviews, networking, etiquette, grad school and much more.

Cooperative Education

Cooperative Education (Co-Op) is a structured educational program in which students can combine classroom learning with productive work experience in a field related to their academic or career goals.

The Writing Center

Dr. Rita Malenczyk, Director

The Writing Center offers assistance from trained undergraduate peer tutors who can help one-on-one to improve writing skills in any genre or class. The Center provides feedback and guidance in a friendly, judgment free zone, to help develop and refine ideas and communicate them in clear and appropriate ways.

The Writing Center is open during the academic year. Please see the website below for specific hours. The Center is closed during the summer.

For more information, stop by the Academic Success Center, email asc@easternct.edu , or call (860) 465- 4310. For additional information and scheduling appointments, visit the Writing Center site - www.easternct.edu/writing-center/index.html

Placement Tests

First-year and transfer students who have not fulfilled the first stage of Eastern's writing Liberal Arts CORE Curriculum requirement prior to their enrollment must be placed in an appropriate writing course. Placement for the first-year writing course is based on a student's SAT or ACT scores and/or a placement survey.

The Mathematics Achievement Center ("MAC")

Director: Kate Dale MSc, Department of Mathematical Science

MAC is a free math tutoring service offered by the Mathematics Department. MAC offers the following services to all students:

- Homework Help
- Work through practice sheets for MAT 099, MAT 135, MAT 135P, MAT 155, and MAT155P
- Review quizzes or tests
- Work on study skills, time management, and review lecture notes
- Tutoring Services
- Use of applicable textbooks
- Work with the TI-83/84/89 calculators

The MAC is open Monday to Thursday from 9 a.m. to 7 p.m., Fridays from 9 a.m. to 5 p.m., and Sundays from 2 p.m. to 6 p.m. during the academic year. The Center is closed on Saturday, holidays and for weather-related events. The Center is closed during the summer.

For more information, stop by or call (860) 465-4526. For additional information and scheduling appointments, visit https://www.easternct.edu/mathematical-sciences/mathematics-achievement-center.html

Tutoring and Learning Strategies

The Academic Success Center offers a robust tutoring program to help students gain clarity on course content, engage in meaningful academic discussions, and develop essential skills to excel in their classes. Our tutors pride themselves in providing individualized support to meet the needs of each student. All our tutors are trained and certified through the College Reading and Learning Association (CRLA) to collaborate effectively with students of all abilities, nurture a productive and scholarly tutoring environment, and equip students with sustainable learning and studying strategies to utilize throughout their college career and beyond. Additionally, our peers tutors can help students assess their current strengths and weaknesses among their academic routines and devise an improvement plan that addresses time management, organization, goal setting, note-taking, studying, and/or school-life balance.

Students are encouraged to book an appointment with one of our peer tutors via Insight: https://easternct-insight.symplicity.com/

For more information, visit https://www.easternct.edu/academic-success/tutoring-center.html .



Main Office: Wood Support Services Center, 2nd Floor
Phone: (860) 465-0189
Fax: (860) 465-0136
Email: AccessAbility@easternct.edu

The Office of AccessAbility Services (OAS) guides its work with a commitment to diversity, equity, and inclusion under the strategic plan of the University and the Division of Student Affairs. Universal Design, Social Model of Disability, and the concept that Disability is Diversity and that access is a human civil right are also guiding models within the OAS. OAS provides guidance to ensure equal access to all educational programs and activities at Eastern. The OAS facilities accommodations and support services to students with documented disabilities and temporary injuries.

The philosophy and mission of OAS is to facilitate both identification and removal of barriers (systemic, physical, attitudinal, institutional, and internalized) that impact folks with disabilities on Eastern's campus. The removal of barriers will promote the full participation and ensure access of individuals with disabilities. This will create a campus climate and culture that supports Disability is Diversity.

The office hours of the OAS are Monday through Friday, from 8:00 a.m. to 5:00 p.m. Please visit the OAS website to learn more about OAS programs and services and the process for registering with the OAS under a documented disability or temporary injury.

Christopher Dorsey, Director of Alumni Communication and Advancement Affairs, (860) 465-4509

Gelsi-Young Hall, First Floor, Room 130

https://www.easternct.edu/alumni-and-friends/

The Office of Alumni Affairs organizes events, activities, programs, and services that support and benefit alumni. Through live and virtual events, such as professional and social networking receptions, class reunions, and academic presentations, alumni can stay connected long after graduation. Additional resources include a monthly E-newsletter and notifications about campus events of interest.

The Office also coordinates "Class Notes" for Eastern Magazine and actively solicits news from alumni. Recently, it has partnered with the Office of Student Activities to combine the annual "Eastern Celebrates Reunion Day" with "Family Day," creating a more enriching experience for the entire Eastern community, including students, parents, and alumni of all ages.

Since 1969, Alumni Affairs has recognized alumni and special friends for their outstanding career achievements or service to the University. Additional resources available to alumni can be found at [insert URL or contact information here].Alumni and Friends - Eastern .

The Office of Alumni Affairs encourages alumni to demonstrate their pride in their Eastern education by supporting the University's programs through tax-deductible donations to the ECSU Foundation Annual Fund, or by offering internships and mentoring to current students.

Current Eastern students are welcome to connect with the Office of Alumni Affairs on its social media platforms:

- LinkedIn - Eastern Connecticut State University Alumni and Students
- Instagram - EasternCTAlumni
- Facebook - ECSU Alumni Association

Students who are interested are encouraged to apply for unpaid internships in the Office of Alumni Affairs. These internships focus on promoting alumni activities and campus news of interest through social media, as well as assisting with event planning and operations management.

TBD Director of Athletics, (860) 465-5091

Sports Center

http://gowarriorathletics.com/landing/index

Eastern's intercollegiate athletic teams have gained recognition as among the best in New England and nationally, regularly competing for conference championships. The Eastern athletic program is a member of the Little East Conference, one of the most prominent conferences at the NCAA Division III level. The softball team has won five national championships, the baseball team has also won five, and the women's basketball team has participated in national semi-final games three times.

Varsity programs are offered for women in the sports of basketball, cross-country, flag football, golf, field hockey, lacrosse, soccer, softball, swimming, track and field (indoor and outdoor), and volleyball. For the men, varsity programs are offered in the sports of baseball, basketball, cross-country, golf, lacrosse, soccer, swimming, and track and field (indoor and outdoor). First-year students are eligible to participate on varsity teams.

The Francis E. Geissler Gymnasium, located in the Sports Center, is the home court for the men's and women's basketball and women's volleyball teams. Swimming competes in Eastern's pool, also located in the Sports Center. Home baseball and softball games are played on their respective lighted fields at the Mansfield Sports Complex. Teams utilizing the artificial turf field at the Mansfield Sports Complex include men's soccer, women's soccer, women's lacrosse, men's lacrosse and field hockey. Flag football is played on a new turf field at the Mansfield Sports Complex. The men's and women's track and field programs utilize the track at the Mansfield Sports Complex as their home meet site. Men's and women's soccer teams may also utilize Nevers Field, a grass field located on the main campus.

Recreational Use of Sports Center

Scott Smith, Athletic Equipment Manager (860) 465-4326

The schedule publicizing open recreational use of athletic facilities (including the Geissler Gym and the pool) is updated on the University web site. The Sports Center facilities, which include the gymnasium, pool, racquetball courts, dance studio, and fitness areas for both cardio and weights provide opportunities for a variety of recreational pursuits. When using the Sports Center facilities, Eastern students, faculty, and staff must have their valid ID with them at all times. Recreational equipment and lockers are available upon presentation of a valid ID card.

Amanda Rose, Manager, (860) 465-0199

Student Center
http://ecsu.bncollege.com/

The Eastern Bookstore, operated by Barnes & Noble, is located in the Student Center. The bookstore offers everything students need for academic success, including new, used, rental, and digital textbooks, as well as school supplies and residence hall essentials. It is also the place to find school spirit merchandise, such as apparel and gifts. In addition, the bookstore carries current bestselling fiction and nonfiction, snacks, and cold beverages, making it a convenient stop for everyday necessities.

Textbooks may be ordered online for in-store pickup or UPS delivery through the bookstore's website: http://ecsu.bncollege.com/. Bookstore hours for the Fall, Winter Session, Spring, and Summer terms are posted on the website and are subject to change.

Counseling and Psychological Services (CAPS)

Director: Dr. Bryce Crapser, Licensed Psychologist, Licensed Professional Counselor

Licensed Full Time Counselors: Dr. Greg Betz, Licensed Psychologist, Christi Craig, LCSW, Dr. Vicki DeVeau, LCSW

Post-Graduate Counseling Fellows: Joseph Mongillo, LPCA

Graduate Trainees: Megan Avery, Arden Hill, Leah Nelson, Margaret Njomo, Zachary Pitchler, Natalee Toree

Psychiatric APRN: Andrea Reischrel, APRN

Part Time Counselors: Dr. Melonie Bland, LPC, Meradith Ganow, LPC, Emily Reyes, LCSW

Administrative Assistant: Alicia Chandler, (860) 465-0181 or via email at chandlera@easternct.edu

Location: 4th Floor, Webb Hall Room 423

https://www.easternct.edu/counseling-services/index.html

Counseling and Psychological Services (CAPS) promotes the psychological well-being, personal achievement, and personal growth of Eastern's students. CAPS services are provided at no additional charge to undergraduate and graduate students registered for the semester in which they are seeking services. The Center offers individual and group counseling, crisis intervention, and psychiatric evaluations, as well as consultation and outreach services for the University Community. Some of the more common concerns for which students seek counseling include depression and anxiety; relationship difficulties with friends, roommates, or family members; and academic problems. The primary goal of counseling is to help students overcome personal, emotional, and psychological issues and develop ways that will allow them to take advantage of the educational opportunities and reach their academic goals at Eastern.

All information shared in the CAPS is confidential and counseling records are kept separate from academic records. No information about contacts with the Center may be released without a student's written permission, except in cases in which a student is deemed to present a danger to self or others.

CAPS staff includes Licensed Psychologists and a Licensed Professional Counselor, Licensed Clinical Social Workers (LCSW), two Post-Graduate Fellows in Counseling, and advanced graduate students in Counseling Psychology, Clinical Psychology, Clinical Mental Health Counseling and/or Social Work graduate programs. CAPS Staff can help facilitate referrals to other professionals or community mental health agencies when necessary.

Students seeking services are encouraged to visit our main office on the 4th floor of Webb Hall, check our website, or call for more information. Appointments can be made by calling 860-465-0181 (ext. 50181 if calling on-campus), Monday to Friday, 8:30 a.m. to 4:30 p.m. Students in crisis can utilize Urgent hours, Monday to Friday, 1pm to 3pm on a first come, first serve basis.

The Dean of Students reports to the Vice President for Student Affairs and serves as an advocate for the Eastern student population. As an advocate, the Dean helps students as they navigate their experiences at Eastern. The Dean also serves as a resource assisting students with their academic, social and personal growth. The Dean's office oversees key areas of student services including the Office of AccessAbility Services, , Student Activities, Wellness Education Outreach and Veteran Care, and the Unity Wing (Intercultural Center, Pride Center, and Women's Center).

The Dean of Students assists the Vice President for Student Affairs with projects and initiatives designed to enhance student success. She serves as a sounding board for student ideas, needs and issues and refers students to appropriate university offices. The Dean of Students serves as a member of the Sexual Assault & Interpersonal Violence Resource Team and also convenes the Student Intervention Team on a weekly basis to discuss students who may be in crisis or whose name has been referred to the team for assistance and guidance.

If you have any questions, ideas or concerns, stop by the Dean of Students Office, which is located in Gelsi Young, Room 222. You can either stop by the office or schedule an appointment to speak with the Dean.

Dining Services Office, (860) 465-5207
Carolyn Hetrick, Resident District Manager, (860) 465-5051
Catering Department, (860) 465-5207

Meal Plans*:

- Meal Plan refunds are made on a prorated basis only upon withdrawal from the University or upon withdrawal from university housing, at the option of the student and with concurrence of the University.

*No refund of housing or meal plan fees will be made for weekend absences or meals missed.

NOTE: Refunds for students receiving financial aid under Title IV are made according to Public Law 102-325, Section 484B, of the Higher Education Amendments.

Check or cash payments on student accounts should be mailed or delivered to the Bursar's Office:

Eastern Connecticut State University
83 Windham Street
Willimantic, CT 06226-2295
c/o Bursar's Office, Wood Support Services Building
Phone: on campus at ext. 55255, or off-campus at (860) 465-5255

Meal Plan Options

The following meal plan options are available during the 2026-27 academic year. Meal plans are available to all registered students (certain restrictions apply). If you need to select a plan or make a change (certain restrictions apply), please complete a Dining Services Agreement online. Please contact Card Services with any questions at (860) 465-5060 or by emailing us at cardservices@easternct.edu. Additional detailed meal plan information is available in the Dining Services brochure and on our website.

SILVER PLUS $125 Meal Plan - The cost of this plan is **$3,634** per semester. This meal plan includes $125 Dining Dollars, ten Guest Meals, and allows unlimited access to Hurley Dining Hall. The SILVER PLUS $125 Meal Plan is required for all resident first-year students and residents of Burnap, Burr, Constitution, Crandall, Mead, Niejadlik, Winthrop and Occum residents on the first and second floors and is automatically assigned. These students may upgrade to the SILVER PLUS $225 or SILVER PLUS $325 Meal Plan by completing a Dining Services Agreement. The SILVER PLUS $125 Meal Plan is available to all students.

SILVER PLUS $225 Meal Plan - The cost of this plan is **$3,734** per semester. This meal plan includes $225 Dining Dollars, ten Guest Meals, and allows unlimited access to Hurley Dining Hall. These students may upgrade to the SILVER PLUS $325 Meal Plan by completing a Dining Services Agreement. The SILVER PLUS $225 Meal Plan is available to all students.

SILVER PLUS $325 Meal Plan - The cost of this plan is **$3,834** per semester. This meal plan includes $325 Dining Dollars, ten Guest Meals, and allows unlimited access to Hurley Dining Hall. The SILVER PLUS $325 Meal Plan is available to all students.

150 BLOCK Meal Plan - The cost of this plan is **$2,077** per semester. This meal plan includes $150 Dining Dollars and allows 150 meals in Hurley Dining Hall per semester. Block Meals are usable as Guest Meals when the owner of the block meal plan dines with the guest. Participants may buy another block within the same semester if needed. The 150 BLOCK Meal Plan is available to all on-campus apartment residents and commuter students.

75 BLOCK Meal Plan - The cost of this plan is **$1,040** per semester. This meal plan includes $75 Dining Dollars and allows 75 meals in Hurley Dining Hall per semester. Block Meals are usable as Guest Meals when the owner of the block meal plan dines with the guest. Participants may buy another block within the same semester if needed. The 75 BLOCK Meal Plan is available to all on-campus apartment residents and commuter students.

50 BLOCK Meal Plan - The cost of this plan is **$694** per semester. This meal plan includes $50 Dining Dollars and allows 50 meals in Hurley Dining Hall per semester. Block Meals are usable as Guest Meals when the owner of the block meal plan dines with the guest. Participants may buy another block within the same semester if needed. The 50 BLOCK Meal Plan is available to all on-campus apartment residents and commuter students.

Dining Dollars
Dining Dollars are funds that are automatically placed on the Eastern EXPRE$$ CARD of students with a SILVER PLUS $125, SILVER PLUS $225, SILVER PLUS $325, 150 BLOCK, 75 BLOCK or 50 BLOCK Meal Plan. Dining Dollars can only be used for food purchases at the Hurley Dining Hall and Student Center Food Court. These funds carry over from the fall semester to the spring semester but will zero out at the end of the academic year in May.

"Seconds" Policy
Our "seconds" policy gives students unlimited seconds on all food and beverages.

"You're Good to Go" Program
"You're Good to Go" at Hurley Dining Hall for all meal periods throughout the day. You can get a "to-go" container from the cashier and take it with you. The cost of your first container is $5.00 which can be purchased with Dining Dollars, EXPRE$$ CASH, cash, or debit/credit card. Only return the container to the Dining Hall when you plan to take another to-go meal, or you will be charged $5.00 when you get a container in the future. To-go containers must be able to close and are not permitted in the dining room. All to-go meals must be eaten outside of Hurley Hall. One to-go meal is allowed during each meal period, not to be used in conjunction with a regular meal. You are permitted to take two pieces of fruit with a to-go meal.

No outside containers, reusable bottles, cups, or mugs are permitted in the dining hall.

Special Dietary Requirements
If you need a sick tray or have special dietary requirements, please contact the Dining Service Office at ext. 55207, or email dining@easternct.edu to talk about how to best accommodate your situation.

Guest Meals
Enjoy a meal with a guest at Hurley Dining Hall. You can use Guest Meals (SILVER Plans) or a Block Meal (BLOCK Plans) in conjunction with a student meal. Inform the cashier when dining with a guest. Dining Dollars, EXPRE$$ CASH, debit, and credit cards may also be used to pay for guests or to purchase a single meal. Prices are listed below.

Breakfast	$9.50
Continental Breakfast	$7.50
Brunch	$12.90
Hot Lunch	$12.90

Lite Lunch	$11.70
Dinner	$16.70

Campus Dining Policies:
You can help us maintain a great dining experience by following these rules at mealtimes:

- Please bus your dishes and disposables when you have finished dining.
- Please only take portions you can eat in one sitting; you can always go back for seconds.
- Please do not remove food, dishes, utensils, or condiments from the dining hall.
- No outside containers, reusable bottles, cups, or mugs are permitted in the dining hall.
- Your Eastern EXPRE$$ CARD is non-transferable. Please do not lend your card to anyone.
- Present your Eastern EXPRE$$ CARD to the cashier in order to enter Hurley Dining Hall.

Catering Services, ext. 55207
Chartwells Dining Services has an impressive Catering Department. A full range of catering services are available to students, faculty, staff, and campus organizations. Please contact the Catering Department at (860) 465-5207 or by emailing them at catering@easternct.edu. Please visit the department website at easternct.catertrax.com.

Hurley Dining Hall, ext. 40026
Hurley Dining Hall is located on the second floor of Hurley Hall. Hurley Hall Dining Hall is our all-you-care-to-eat main dining hall and is open seven days a week during the academic year and is where most of the meal plan is used. (Please see Dining Dollars information for additional details.) Our specialty station showcases exhibition style cooking with a rotating regional cuisine and breakfast all day where students can customize their own omelets and breakfast sandwiches. The menus in Hurley Hall feature fresh oven pizza with house-made pizza dough, grill menus feature fresh hamburgers, cheeseburgers, French fries and daily specials and entrée menus include several student favorites including vegan & vegetarian items, and two house-made soups daily. Our abundant salad bar and deli bar include more than 30 ingredients to create and customize your own salad or deli sandwich.

Present your Eastern EXPRE$$ CARD for your Meal Plan, Dining Dollars or EXPRE$$ CASH to purchase and enjoy all you care to eat. The Dining Hall also accepts cash and debit/credit cards.

View Daily Menus by visiting www.dineoncampus.com/easternct or download the DineOnCampus app.

HOURS:
WEEKDAY

Breakfast	7:15 a.m. to 10:00 a.m.
Continental Breakfast	10:00 a.m. to 11:00 a.m.
Hot Lunch	11:00 a.m. to 2:00 p.m.
Lite Lunch	2:00 p.m. to 4:00 p.m.
Dinner	4:00 p.m. to 8:00 p.m.

WEEKEND

Brunch	10:30 a.m. to 2:00 p.m.
Dinner	5:00 p.m. to 8:00 p.m.

Student Center Food Court, ext. 55046
The Student Center Food Court features Campus Perks Café which offers a full line of "We Proudly Brew Starbucks" coffee, espresso drinks, baked goods, and fresh fruit smoothies. At Local Leaf, salads are made to order with a variety of fresh local produce. Windham Street Subs offers handcrafted deli sandwiches on bread, wraps & rolls, and are accompanied with house-made potato chips. Burger 860 features breakfast sandwiches, breakfast potatoes and french toast sticks during the morning hours. This station also features all your grill favorites which include hamburgers, cheeseburgers, veggie burgers, grilled cheese, fried & grilled chicken sandwiches and french fries throughout the rest of the day. Warriors Kitchen is a weekly rotating concept that offers different regional cuisines which include Asian, Italian, Fresh-Mex, Mediterranean, and mac and cheese bowls. The Student Center Food Court accepts cash, Dining Dollars, EXPRE$$ CASH, debit, and credit cards.

View Daily Menus by visiting www.dineoncampus.com/easternct or download the DineOnCampus app.

BOOST Mobile Ordering is available at the Student Center Food Court. Visit On-Campus Dining Locations-Eastern to learn more.
Hours:

Monday to Friday	8:00 a.m. to 9:00 p.m.
Saturday & Sunday Starbucks & Burger 860 Stations Only	1:00 p.m. to 5:00 p.m.
Holidays	Closed

Hours at Dining Services locations are subject to change.

The Division of Student Affairs is responsible for many of the services provided to students and the Eastern community. Student Affairs offices are located throughout the campus.

Office of Vice President for Student Affairs	
Michelle Delaney, Vice President	(860) 465-5244
Heidi Paradis, Administrative Assistant	(860) 465-4412
Kemesha Wilmot, Dean of Students	(860) 465-5247
Indira Petoskey, Assistant Dean	(860) 465-5066
AccessAbility Services	(860) 465-0189
Brooks Scavone, Director	(860) 465-5573
Athletics	(860) 465-5179
Jason Mlodzianowski, Director	(860) 465-5091
Center for Community Engagement	(860) 465-0090
Lana O'Connor, Director	(860) 465-4436
Counseling and Psychological Services	(860) 465-0181
Bryce Crapser, Director	(860) 465-5778
Health Services	(860) 465-5263
Joseph Breton, Director	(860) 465-5778
Housing and Residential Life	(860) 465-5297
Paul Serignese, Director	(860) 465-0147
Intercultural Center	(860) 465-5749
Josiah Cook, Coordinator	(860) 465-4421
Office of Student Conduct	(860) 465-0090
Dwayne Cameron, Director	(860) 465-0063
Pride Center	(860) 465-0015
Alex Corey, Coordinator	(860) 465-0056
Student Center and Student Activities/Orientation	(860) 465-0036
Casey Kensey, Director	(860) 465-4446
Wellness Education & Veteran Care	(860) 465-2821
Angela Bazin, Director	(860) 465-2821
Women's Center	(860) 465-4314
Starsheemar Byrum, Director	(860) 465-4314

Facilities Management and Planning Building
http://www1.easternct.edu/facilities/

The Office of Facilities Management and Planning is located in the Facilities Management and Planning Building on the north end of campus. The department has three major areas of responsibility: design and construction, maintenance and cleaning of buildings and grounds, and mail services.

The Financial Aid Office is located on the main floor of the Wood Student Services Center and includes Financial Aid and Veterans Affairs. The Office website https://www.easternct.edu/financial-aid/index.html specifies policies, procedures, and helps with frequently asked questions. Additional questions from students and their families can be directed to our staff, by email, or phone as follows:

- Financial Aid, FinancialAid@easternct.edu, 860.465.5205
- Veterans Affairs, veteransaff@easternct.edu, 860.465.5096

All communication must include the student's full name and Eastern ID number.

Once a student is enrolled in classes at Eastern, they will need to complete a FERPA authorization to determine whom our staff is able to speak with regarding financial aid. Students do this through the FERPA waiver on their self-service account. Our staff cannot speak to anyone, other than the student, unless noted on this waiver.

Consideration for Need-Based Aid

Need-Based Aid is financial aid funds students qualify for through completion of the Free Application for Federal Student Aid (FAFSA). Most funds provided to students require completion of this form. The FAFSA is completed online at https://studentaid.gov. Students could qualify for grants, scholarships, loans, and Federal Work-Study (FWS). The FAFSA must be **filed each year** to receive maximum consideration for the limited funds available.

Outside Resources

These are funds provided to students external or outside of the Financial Aid Office. Sources include Admission Scholarships, private scholarships, room and board waivers, tuition waivers, etc. The Office highly recommends students seek out these opportunities, and links to these resources can be found on our website. If a student receives an award from one of these sources and it is not noted on the Financial Aid Offer Notice, the student should notify the Office in writing as soon as possible because it **could** impact the financial aid they have received.

Satisfactory Academic Progress (SAP)

Students are required to progress at a specific pace towards graduation. This is called Satisfactory Academic Progressand is reflected in both a quantitative (credits attempted) and qualitative (grade point average/GPA) measurement. The quantitative component requires completion of at least 67% of all credits attempted and undergraduate degree completion by the time 180 credits have been attempted. The qualitative component requires students to meet a specific GPA standard dependent upon credits attempted. The full SAP policy is available on the Financial Aid website at https://www.easternct.edu/financial-aid/policies/satisfactoryprogress.html.

Failure to maintain SAP could result in cancellation of and an inability to receive financial aid in the future. Students need to understand this policy is separate and apart from other Eastern academic policies.

Master Promissory Notices and Student Loan Entrance Counseling

The first time a student accepts a Federal Direct Loan at Eastern, the student must complete a Master Promissory Notice (MPN) and Student Loan Entrance Counseling online at https://studentaid.gov. The MPN requires an electronic signature and is an agreement between the student and Federal Government that the student will repay the loan. Entrance Counseling is an educational course on the borrowing of Federal Direct Loans. Both must be finalized before these loans will be paid to the student account.

Changes in Credit Load and/or Housing Status

A student's credit load and housing status are both used to determine eligibility for financial aid. The Office should be contacted immediately upon consideration of changes to these two items to ensure understanding of how those changes could impact the financial aid award.

The Financial Aid Office will review all files at the end of add/drop each term making updates to financial aid awards where appropriate when changes have been noted.

Verification

Verification requires the request of different documents and comparing those documents to the FAFSA making updates where appropriate. The Financial Aid Office has partnered with Inceptia, a third party organization, for this process. Changes to the FAFSA because of verification sometimes results in changes to a student's financial aid award. To limit these changes, students should complete the FAFSA as accurately as possible utilizing the link between the FAFSA and IRS whenever able.

If the student is selected for verification, they will be notified through their university email and from an email sent out by Inceptia. Students must respond within two weeks of notification. Failure to respond in a timely manner could result in a reduction in the financial aid award. Financial aid will not pay to a student's account if the verification process has not been completed.

Special Circumstances

Sometimes there are changes to a student or family's financial situation not accounted for by the FAFSA. The Financial Aid Office can review these situations to see if additional aid assistance can be offered. Circumstances are narrow and aid is limited. The Special Circumstances Appeal on the Financial Aid website offers further details.

Veterans Educational Benefits

Assistance is offered to veterans obtaining their educational benefits through the G.I. Bill. Veterans are encouraged to keep the Office updated on any changes in their education programs. Veterans with difficulty maintaining their academic performance may not be eligible for tutorial assistance through the Veterans Administration.

All veterans are encouraged to request information about the Connecticut Veterans Tuition Waiver, even those no longer eligible for G.I. Bill benefits, to determine if they are eligible for financial assistance.

Withdrawal

Students considering withdrawing from the University should speak to financial aid before doing so. Financial aid is awarded based on continued attendance. Withdrawal often requires the University to prorate the amount of federal and institutional financial aid a student has been given to reflect

actual time enrolled. This proration can result in a balance due to the University. The full withdrawal policy is available at https://www.easternct.edu/financial-aid/policies/federalwithdrawalpolicy.html. This policy is separate and apart from the University tuition and fee refund policy.

Exit Loan Counseling

All students who have borrowed a Federal Direct Loan are required to complete Exit Counseling. This will need to be done after you have separated from the University (graduated/withdrawn) or are taking less than 6 credits in a semester. This is completed on https://studentaid.gov.

185 Birch Street, Willimantic, CT 06226

Phone: (860) 465-5263 / Fax: (860) 465-4560

http://www1.easternct.edu/health/

WHO WORKS AT HEALTH SERVICES?

Professional staff includes a full-time male physician, a registered nurse, and two female nurse practitioners. Please notify the Administrative Assistant if you prefer a certain provider while you are making your appointment. A student's medical information is kept confidential and will not be released without the student's written consent.

Joseph V. Breton, M.D., Medical Director

Maria Brennan, A.P.R.N., , Associate Director

Colleen Laskowski, A.P.R.N, Associate Director

Christine Walley, R.N. Assistant Director

Erin Conlan, Administrative Assistant

WHERE IS THE HEALTH SERVICES OFFICE and HOW DO I MAKE AN APPOINTMENT

Student Health Services is located on campus behind the Science Building, next to the Low-Rise Apartments:

165 Birch Street, Willimantic, CT, 06226

Phone: (860) 465-5263 / Fax (860) 465-4560

Please call for an appointment. While we do accept walk-ins, you most likely will be given an appointment at a later time that day or the next day.

WHAT SERVICES ARE OFFERED?

We function as an Urgent Care Center. Common issues we see include cold or flu symptoms, musculoskeletal injuries, concussions, seasonal allergies, and minor traumatic injuries. We also offer services for women's health including screening tests. We perform testing for all students at risk of sexually transmitted infections whether you have symptoms or would like screening tests (no symptoms but have concerns).

For significant symptoms like chest pain, palpitations, difficulty breathing, allergic reactions, major injuries or significant trauma, we recommend the Emergency Department at Windham Hospital. If you believe your symptoms warrant the Emergency Department, you should go.

We also offer allergy, Depo-Provera injections and Hormone injections. ALL of these must come with specific instructions on medication name, dosing and schedule from the original prescriber. For allergy injections, your first dose of new medications or an INCREASE in dose MUST be done at the original prescriber's office (usually an Allergist.)

Besides the services listed above, we encourage students to make an appointment for any health concerns. This may include feelings of depression or excessive worry/ anxiety. We do recommend C.A.P.S. (Counseling Services) but we are also available should there be a delay in getting an appointment.

WHAT IS THE COST OF THE VISIT AND TESTING?

Visits are free and are not submitted to your health insurance plan. We offer a limited number of prescription medications and diagnostic testing, both for a fee. If diagnostic testing is not available at Student Health Services (Cat Scans, MRI, Blood work) then your health insurance will be billed by that outside provider.

WHAT ARE STUDENT HEALTH SERVICES HOURS?

We see students by appointment only and all students will be seen at the Student Health Services office only. We do not go to the dorms for visits. Office Hours:

Monday to Friday 8:30 a.m. to 4:30 p.m.

WHAT TO DO WHEN HEALTH SERVICES IS CLOSED?

EMERGENCIES: CALL 911

NON-EMERGENCIES: https://www.easternct.edu/health-services/index.html, click on the "After hours Care" link

WHAT HEALTH FORMS AND VACCINES DO I NEED TO GET BEFORE STARTING SCHOOL?

Please submit the completed HEALTH FORM as soon as possible but no later than the first week of August for the fall semester and no later than the first week in January for the spring semester. Students who fail to meet these requirements will not be allowed to register for upcoming semesters.

All incoming full-time students must complete the University's health requirements before starting classes. They include your immunization history, and a Tuberculosis (TB) Risk Assessment questionnaire. These requirements are found on the CSU Health Services Form at the following link: https://www.easternct.edu/health-services/_documents/CSU-Health-form-final-update-8-2015.pdf.

Connecticut state law requires that all full-time, part-time, and graduate students born after 1956 show proof of:

Two doses of MMR (Measles, Mumps, and Rubella [G. Measle]) immunizations.

Students born after January 1st, 1980, must show proof of:

Immunity to Varicella (chickenpox) with either two doses of the Varicella vaccine or a note from your doctor certifying that you had chickenpox disease and the date you had it.

Also, all new students must complete a Tuberculosis screening questionnaire. If you answer YES to any of the TB questions, you will need a TB skin test or TB blood test. If positive, you will need a chest X-ray within twelve months of starting school.

For students living on campus immunization for Meningitis A (not B) within 5 years of starting at Eastern is required by Connecticut state law before moving into a residence hall.

We recommend all incoming first-year students, residential or commuter, receive the meningitis vaccine. We strongly recommend the three-dose hepatitis B vaccine series, as well, if it has not already been completed. Also, you can find both the full time and part time health forms on our website at http://www.easternct.edu/health-services/forms.html. Click on the "forms" link on our home page, then on the link to the specific form you need.

ATHLETICS: All students who intend to play sports at Eastern must undergo a specific athletic pre-participation evaluation (PPE) and a copy of that evaluation must be on file at the Athletic Department before trying out for, or participating in, varsity intercollegiate athletics or club sports. (At Eastern, club sports include rugby, ice hockey,

cheerleading, and football, among others.) If you plan to try out or participate, or even if you are just thinking about doing so, we ask you to get this evaluation done by your primary care provider at home.

Please download and print the PPE form at: https://www.easternct.edu/health-services/_documents/PPE-outside-form-1-2015-3.pdf. Answer the questions and then bring it with you to your doctor's appointment. To participate in athletics at Eastern, this specific form must be entirely completed IN ADDITION TO the CSU Health Service Form above. No exceptions will be made.

HEALTH INSURANCE Information

IMPORTANT NOTICE: Students are not required to have health insurance to attend Eastern. The Student Health Services Office not only strongly recommends, but URGES all students (full time, part time, and graduate) to have health insurance coverage. If you don't have adequate health insurance, access to off-campus care could be limited, your health could be affected, and you and your family could end up with some extremely costly medical bills and serious financial difficulties. Be sure you have your current health insurance information with you here at school.

For students who need insurance: You have several options: You can purchase a plan at the Aetna website directly from Aetna rather than through Eastern. (Check our website for the cost of this plan.) You also can go to the Access Health CT website to find out what insurance options are available in the Connecticut insurance exchange marketplace; or you can call 1-855-354-2428. Through the Access Health CT enrollment portal or contact center, you can find out if you are eligible for either no-cost coverage under Medicaid (enrollment in Medicaid is open year-round), or for tax credits for private insurance plans on the exchange. For students who are not Connecticut residents, you can look for insurance options at Healthcare.gov.

Accident insurance: Please note that all full-time students at Eastern, regardless of what health insurance they have, will continue to be automatically covered, throughout the 12 month-year, under an ACCIDENT INSURANCE policy. The cost of this accident policy, which covers accidents both on and off campus, is included in the general University fee each full-time student pays. This accident policy is an excess or secondary policy meaning the insurance plan will pay only accident-related costs that are not covered by a student's other (primary) health insurance policy.

Paul Serignese, Director
Blaine Fisher, Associate Director for Housing Operations
Troi Branham, Associate Director for Residential Engagement
Jill Knowlton, Administrative Assistant

Alvin B. Wood Support Services Center, Second Floor, (860) 465-5297
http://www.easternct.edu/housing/

The Office of Housing and Residential Life strives to provide a nurturing, safe, enriching environment that fosters lifelong learning and allows students to grow intellectually and socially. Students are exposed to an interactive living-learning experience that provides hands-on opportunities to interact with students in the residential communities designed to make their college experience meaningful.

Housing over 2,300 students, the University has developed a comprehensive approach to the co-curricular experience by focusing on the development of community. Our professional, live-in staff, along with our student resident assistants and office assistants, works hard to provide a great living-learning experience through purposeful and directed programs and experiences.

Whether it is serving as a board member for your hall's Residence Hall Association, attending a building program or one of our Friday After Dark weekend programs, or being part of a Peer Success Group we offer a range of opportunities to become involved with the campus community. We believe living on campus is part of a student's total college experience. Making lifelong friends and learning how to live and interact with others is great practice for life after Eastern.

We do have rules, regulations, and expectations for how our residents conduct themselves. They can be found on-line in the Housing Contract and on the University website under Housing and Residential Life. Please note that housing policies and procedures are subject to change.

First-year Housing	Sophomore, Junior, and Senior Housing	Transfer Housing
Burnap Hall	High Rise Apartments, Low Rise Apartments	
Burr Hall	Laurel Hall	
Constitution Hall	Niejadlik Hall	
Crandall Hall	Noble Hall	
Mead Hall	Nutmeg Hall	
Occum Hall	Occum Hall	
Winthrop Hall	Shafer Hall	

Meal Plans
The Silver Plus $125 meal plan is required for all students living in first-year residence halls, all students living in Niejadlik Hall, and all students living on the 1st and 2nd floors of Occum Hall. Meal plans are also available for purchase for any other student living on campus.

Janice Wilson, Director of Library Services, (860) 465-4466
www.easternct.edu/library, Toll-free: (877) 587-8693

Introduction
The J. Eugene Smith Library offers services that will help you find, access, and use relevant electronic and print resources that lead to academic success and personal growth. Professional librarians are here to guide and support use of online databases (130+) consisting of full-text articles (1000s) that can be accessed 24/7 from on or off campus, and print and media collections including over 400,000 books, eBooks, DVDs, CDs, and 500+ journals. Besides research support, access to the Internet, Microsoft and other applications, printing, scanning, and wireless connectivity is available as well as a safe and comfortable space for study and collaboration.

Reference
Reference librarians, experts in helping you discover the best resources for your research needs, are readily available via chat, email, phone, GradesFirst or on a walk-up basis at the Reference Desk. Our informative Research Guides, accessible 24/7, describe how to find books, articles, and databases on specific academic subjects. There are also Guides on how to search, how to cite, how to get started using the Library, and more.

Information Literacy
Information literacy instruction sessions are available in the classrooms, in the Library's User Education computer classroom, and by appointment with a Reference Librarian. The skills and concepts covered, namely, how to evaluate information, how to formulate inquiries, how to search strategically and ultimately how to create it, make it highly advantageous for all students to take advantage of these services. In collaboration with faculty, we also offer subject- or course- specific resource instruction sessions.

Circulation
The Circulation Desk is open 94 hours per week, seven days a week. An Eastern ID is required to borrow materials, including circulating books and media, study room keys, course reserves, and laptops. The online circulation system allows you to access your Library Patron Account and view your loans, due dates, renew materials, see pending requests and overdue fines.

Get it Services
The Library offers two free services that allow you to expand your research beyond Eastern. Request books from the CSCU Consortium through the online catalog. Request books and articles from libraries nationwide through Interlibrary Loan/ILLiad (ILL).

Course Reserves
A selection of textbooks and other required course materials are available for short-term loan from the Circulation Desk with an Eastern ID. The Library and faculty collaborate to provide this service as another option for students to access course materials.

Study Rooms
The Library offers several spaces for group collaboration and individual study. Room reservations are made on a walk-up basis or can be reserved in advance online. Room keys are checked out at the Circulation Desk with your Eastern ID.

Government Documents

The collection consists of publications published by the U.S. Federal government and the State of Connecticut. They are made available in a variety of formats, including online, and can be located using the Library's online catalog.

Connecticut Studies

The Center collects primary and secondary source materials on the state's history and development, with a particular focus on Windham, Tolland, and New London counties.

Curriculum Services
The Curriculum Collection supports pre K-12 teacher education program. Staff introduce and demonstrate to patrons how to incorporate material and technology found in the center into their course assignments and classrooms. They offer information literacy instruction sessions, one-on-one "Reserve a Librarian," readers' advisory services to education majors and faculty, as well as workshops and yearly events with outside speakers. Staff also maintain services at a small library at the Child and Family Development Resource Center, called "Ella's Library Nook-A Special Place for Family Reading Time."

Center for University Archives & Special Collections

The Center appraises, collects, preserves, organizes, and provides access to records, print material, photographs, memorabilia, and other historically valuable materials relating to the history of Eastern Connecticut State University. Archival material supports administration, faculty, student and public needs for information and primary sources.

For more information, visit, call (860-465-4506 Circulation, 860-465-4699 Reference), chat, email, or visit the Library's web site at www.easternct.edu/library.

Michael Palumbo, Director of Information Technology and Media Services

Communication Building, Room 125, (860) 465-5304
Media Services - Eastern

Media Services is located in the Communication Building, Room 125. The department employs several student employees each semester who provide students and faculty with audiovisual equipment and audio/video production services. Media equipment is available for classroom use to students and faculty who present a valid ID. Media Services website has additional information about the services offered to students and can be located from the Eastern home page.

Media Services Fall and Spring semester office hours are:

Monday to Thursday	8 a.m. to 10:00 p.m.
Friday	8 a.m. to 4:30 p.m.

Media Services Summer semester office hours are:

Monday to Friday	8 a.m. to 4:30 p.m.

E-mail: mediaservices@easternct.edu

Chris Drewry, Director of Co-Curricular Academic Programming

Library, Room 227

https://nse.org/

Eastern is a member of the National Student Exchange (NSE). Full-time students may apply to study, for one semester or one year, at over 170 member colleges or universities in the United States, Canada, Guam, Puerto Rico & U.S. Virgin Islands. Students pay tuition and some fees to Eastern while paying room, board, and other fees to the host institution. Students are usually permitted to participate only in their sophomore or junior years, but exceptions are occasionally made in the case of first-semester seniors. Priority applications are generally due in mid-February for all exchanges taking place in the following academic year. Some spring semester applications may be considered until mid-October.

The NSE program provides students with educational experiences not available at Eastern, and the opportunity to become better acquainted with other parts of the country. Students accepted into the program receive equivalent credit at Eastern for satisfactorily completed study. All courses appear on the student's Eastern transcript, including F-graded courses, if any. Students must have their faculty advisor's approval before registering for courses. NSE host institution credits are calculated in a student's grade point average at Eastern.

For more information, contact the Study Abroad office at studyabroad@easternct.edu.

RELIGIOUS LIFE:

Pastor Paul Doyle (UCC Congregational) 860-423-6827

Rabbi Jeremy Schwartz (Jewish) 860-423-3743

Reverend John Heald (Christian) 860-456-4626

Campus Ministry Office 860-423-0856

easternct.edu/campus-ministry/

The Foundation for Campus Ministry, Inc. sponsors several part-time campus ministers of major faiths who are available to meet with students on an appointment basis. The Multifaith Campus Ministry is located at Knight House, 2 Windham Street Extension. The Catholic Campus Ministry is located at Newman Hall, 290 Prospect Street. Several faiths and denominations offer worship services, both on and off campus. Please refer to our website for a listing of area churches. The Campus Ministry also collaborates with the University's Center for Community Engagement on several social action projects for the greater Willimantic area. All programs and services are publicized throughout the campus, including the Student Center, and activities are open to all members of the campus community, regardless of religious affiliation. Stop by one of our ministry offices or visit easternct.edu/campus-ministry/ for more information. All are welcome.



Shawn's Cupboard is a student-led food pantry, which is open to all Eastern students during the school year and is located at Knight House. Shawn's Cupboard is a safe space on campus for students who deal with food insecurity because no one can or should learn on an empty stomach. Shawn's Cupboard is co-sponsored by the Office of Student Affairs and the Foundation for Campus Ministry ("FCM"). The FCM accepts food and monetary donations from friends on campus and in the local community to provide food and hygiene products, which are available at Shawn's Cupboard. Shawn's Cupboard is open M-F from 10am - 5pm. Student volunteer opportunities are available. Call 860-423-0856 for more information.

Thursday Knight Cafe

Every Thursday night Campus Ministry hosts Thursday Knight Cafe which is held from 8:00 - 10:00pm (pancakes are served from 8:30 - 10:00pm) in the Student Center Cafe. All Eastern students are welcome to come and enjoy free pancakes and some sort of entertainment. Whether it is Karaoke, Kahoot, open mic, a student band or a talent show, it is always a fun night and a great way to meet new friends!

Student Activities Business Office (SABO)

Darren Nosal, Associate Director Fiscal Affairs, Accounts Payable, (860) 465-5730

Gelsi-Young Hall, Third Floor, Room 341, (860) 465-5285, (Office Numbers), (860) 465-5180 (Fax)

SABO is located on the third floor of Gelsi-Young Hall. This business office provides general administrative support for student clubs and organizations including all financial paperwork processing, event registration/deposit tracking, and assistance with monthly budget reports. SABO staff will also offer guidance in the preparation of State travel documents for all club conferences and events.

Chris Drewry, Director of Co-Curricular Academic Programming

Library Room 227

Study Abroad - Eastern [https://www.easternct.edu/global-studies/study-abroad/index.html]
Eastern has an extensive Study Abroad Program. Full-time students may apply to study, for one semester, one year, or a summer or winter intersession at an extensive number of universities worldwide. Students have one of three options: (1) attend a partner university (2) participate in a third-party organization (3) study independently (financial aid unavailable). Students may choose to study at a partner university where they will pay Eastern tuition and fees. They may also choose to study through a third-party organization where they pay the organization's tuition and fees or they can study independently where they pay the host university's tuition. Students are usually permitted to participate only in their sophomore or junior years, but exceptions are occasionally made in the case of first-semester seniors. Applications are generally due in March for fall participation and October for spring participation. Students need to apply the semester prior to the semester studying abroad. Planning in advance is advised. It is highly recommended a student speaks with someone in the Study Abroad office as soon as possible once interested in studying abroad. The Study Abroad Program provides students with educational experiences not available at Eastern and the opportunity to become better acquainted with other parts of the world. Students accepted into the program receive equivalent credit (once approved by their academic department chair and advisor) at Eastern for satisfactorily completed study. All courses appear on the student's Eastern transcript with a letter grade, although Study Abroad host institution credits are not calculated in a student's grade point average at Eastern. Students must have their faculty advisor's approval before registering for courses.

For more information, contact the Study Abroad office at studyabroad@easternct.edu.

University Identification Card - Eastern EXPRE$$ CARD

Card Services Office, (860) 465-5060
Kelly M. Hassler, Assistant Director, (860) 465-5773
Cynthia A. Tacelli, Assistant to the Director, (860) 465-5774

228 Alvin B. Wood Support Services Center, second floor
Office Hours - Monday through Friday, 9 a.m. to 4 p.m.
http://www.easternct.edu/cardservices/

All students, faculty and staff members are required to carry a University Identification Card called the Eastern EXPRE$$ CARD. Students can obtain their Eastern EXPRE$$ CARD after registering for classes. Photos are taken at the Card Services Office located on the second floor of the Alvin B. Wood Support Services Center Monday through Friday from 9 a.m. to 4 p.m. A photo ID such as a driver's license, passport or high school ID is required. Students should present their course schedule; faculty and staff members need to present their appointment letter. You retain your Eastern EXPRE$$ CARD for the time period you are a member of the Eastern community.

University Identification Card / Eastern EXPRE$$ CARD Policy
Eastern EXPRE$$ Cards must be presented for Meal Plan access, EXPRE$$ CASH, Dining Dollar, and Printing Funds purchases. They are also required to use the Sports Center and Fitness Center facilities, computer labs, and to check out material from the library. Lost or stolen Eastern EXPRE$$ CARDs can be disabled to prevent misuse by calling the Card Services Office at (860) 465-5060 during business hours, through the Card Services Online Card Office or by downloading the mobile device app eAccounts via your mobile device app store. Replacement and temporary Eastern EXPRE$$ CARDs are issued at the Card Services Office Monday through Friday from 9 a.m. to 4 p.m. There is a fee for replacement and temporary cards.

Eastern EXPRE$$ CARD / EXPRE$$ CASH Account
Students, faculty and staff members may deposit money into an EXPRE$$ CASH Account on their Eastern EXPRE$$ CARD. MasterCard, Visa and Discover debit and credit card deposits can be made through our PCI compliant Online Card Office and through the mobile device app eAccounts. Card Services charges a convenience fee for online EXPRE$$ CASH deposits. Check or money order deposits can be made by mailing to or visiting the Card Services Office, Eastern Connecticut State University, 228 Alvin B. Wood Support Services Center, 83 Windham Street, Willimantic, CT 06226. This money can be used to make purchases at participating locations on campus. EXPRE$$ CASH can be used at Card Services, Eastern Bookstore, and J. Eugene Smith Library. EXPRE$$ CASH can also be used in copiers and printers. Additional information can be found in the Eastern EXPRE$$ CARD Brochure and Dining Services Brochure and on the Card Services website.

Printing Funds
The University adds $20 in Printing Funds each semester to students' Eastern EXPRE$ CARD for copying and printing on-campus. Any Printing Funds remaining at the end of the fall semester will roll over to the spring semester. Any funds remaining at the end of the academic year will zero out in August. Printing Funds have no cash value and can only be used for copying and printing. If Printing Funds are depleted, please deposit funds into your EXPRE$$ CASH Account to continue copying and printing using your EXPRE$$ CARD to save five cents a page.

Chief Stephen K. Tavares, Chief of Police/Director of Public Safety

44 Charter Oak Road
Non-Emergency, (860) 465-5310
Emergency, 911
Confidential Hotline, (860) 465-0242

http://www.easternct.edu/police/

University police officers are state-certified, with the same authority and powers of arrest as local and state police. They are required by law to maintain their state certification through training courses that ensure the professional integrity of the department.

The University Police Department works in a proactive fashion to create a safe and secure environment in which all members of the Eastern community can live, learn, and work. We strive to do this important work in a friendly and cooperative manner.

For the safety and convenience of our students and staff, there are over 70 emergency phones on campus that connect directly to the University Police Department. A walking escort service, LiveSafe App: https://www.easternct.edu/police/livesafe.html, as well as a shuttle bus service which can also accommodate students with disabilities.

Eastern has a community policing philosophy toward campus safety. This means we view ourselves as part of the community, and we take a service-oriented approach to police work. We are proud of our community officers who provide unique programs, instruction, and training, as well as a friendly liaison to the Police Department. Parking permits, crime-prevention pamphlets, and other valuable safety information are available at your request.

In accordance with section 10a-55a of the Connecticut General Statutes, a Uniform Campus Crime and Fire Safety Report is published annually and is available online at the University Police Department webpage: https://www.easternct.edu/police/_documents/2023-clery-report.pdf?1117).

Veterans Education & Transition Services (V.E.T.S) Center

Greetings from Eastern Connecticut State University's V.E.T.S Center.

Our mission is to assist all veterans and service members from each of the service branches (Army, Marines, Navy, Air Force, Space Force, and Coast Guard) as well as any branch component (National Guard, Retired, Reserve, or Active). Together with other student support services at Eastern, it is our hope that veterans and service members can find the resources they need to be successful in their academic career. The V.E.T.S Center is a lounge exclusively for veterans, service members, and their families that promotes cohesion with other veterans and service members.

We are located in the Wood Support Services Building, Room 207. If you have any questions comments or concerns, feel free to get in contact with us through telephone: (860) 465-2821 or email: bazina@easternct.edu

Office of Wellness Education Outreach
Wood Support Services Center, Room 207
Angela Bazin
Director, Wellness Education Outreach and Veteran Care
(860) 465-2821

bazina@easternct.edu

https://www.easternct.edu/wellness-education-outreach/

The Office of Wellness Education Outreach works to support students by enhancing their capacity for academic and personal success. Programs are designed to increase resiliency and develop positive coping strategies. Prevention education programs are developed to inform students of choices that may negatively impact their success, such as the use of alcohol and other drugs. By fully understanding the integration of various factors of wellness (physical, emotional, spiritual, environmental, occupational, social, intellectual, and financial), Eastern students are better able to meet the challenges of higher education.

- The office is located in Wood Support Services, Room 207. Students can visit the website, email, or call for more information. The office is open Monday - Friday, 8:00am-5pm.

The Arthur L. Johnson Unity Wing

Develop global ambassadors for diversity, inclusion, and equity

equipped to be world changers who create a different future.

The Arthur L. Johnson Unity Wing is comprised of the Intercultural Center, the Pride Center, and the Women's Center. Located on the first floor of the Student Center, this designated space for students to develop and embrace their diverse identities, is open Monday-Friday. Explore upcoming events, office hours, and find out how you can become involved by visiting Arthur L. Johnson Unity Wing - Eastern .

Mission

The Arthur L. Johnson Unity Wing champions creating an inclusive community at Eastern. Each Center builds bridges of intersectionality that celebrate the kaleidoscope of cultures and identities through co-curricular programs and services that integrate diversity, inclusion, and equity into the holistic development of all Eastern students. The Unity Wing is a campus-wide resource grounded in Eastern's core values for meaningful connection and outreach, engagement, and accountability to the level of awareness and action.

History

The Arthur L. Johnson Unity Wing is named after Dr. Arthur L. Johnson, former sociology professor at Eastern Connecticut State University. Known for his work in organized labor, community action, and higher education, Dr. Johnson served as a faculty member and administrator from 1970 - 1999.

A community leader and civil rights activist, Dr. Johnson was a life member of the NAACP (National Association for the Advancement of Colored People). He dedicated himself to civic and community engagement. Until his death on September 6, 1999, Dr. Johnson sought to raise the consciousness of government leaders, corporate executives, educators etc. and was in the forefront of the struggle for civil rights and an advocate for freedom and equality.

The Pillars

Intercultural Center

1st Floor Student Center

Arthur L. Johnson Unity Wing, Room 114

Josiah Cook (he/him)

Cookjosi@easternct.edu

(860)465-4421

www.easternct.edu/interculturalcenter/

The Intercultural Center is dedicated to advancing diversity, equity, and inclusion as guiding principles in the pursuit of knowledge, personal growth, and social transformation. We work to dismantle systemic barriers that limit the advancement of marginalized communities by fostering authentic relationships, formal/informal mentorship, and intercultural dialogue. Through a culture rooted in trust, belonging, and holistic connection, we create a space where individuals are encouraged to bring their full selves, support one another's journeys, and grow together. Our commitment empowers communities to lead with empathy, advocate for justice, and collectively build a more inclusive and equitable future for all.

Pride Center

1st Floor Student Center

Arthur L. Johnson Unity Wing, Room 108G

Alex Corey (He/Him)

Coreyal@easternct.edu

860-465-0056

www.easternct.edu/pridecenter/

The Pride Center believes in the promotion of a more just world fueled by radical self-love and community engagement. Our center actively works to create a campus culture that acknowledges and values diverse gender identities, gender expressions, and sexualities through educational outreach, community building, and providing access to resources. Here students can navigate the path of self-exploration, intersectionality, and agency in a supportive environment.

Women's Center

1st Floor Student Center

Arthur L. Johnson Unity Wing, Room 116

Starsheemar Byrum (she/her)

byrums@easternct.edu

860-465-4313

Women's Center - Eastern

The Women's Center empowers women across the academy to boldly envision and fully realize their potential by fostering self-leadership, collective strength, and resilience. Guided by an intersectional framework, we engage the campus through innovative programming, scholarship, and activism that build community, celebrate identity, and promote personal growth. The Center also responds to and works to prevent interpersonal violence while expanding access to resources and opportunities that support the success and well-being of women and all members of the campus community. Rooted in Power, we affirm, advocate, and act in solidarity to create lasting change.

Shawn's Cupboard

Shawn's Cupboard is a student-led food pantry which is open to all Eastern students during the school year and is located at Knight House, home of the Interfaith Campus Ministry. Shawn's Cupboard is sponsored by the Foundation for Campus Ministry ("FCM") and is intended to provide supplemental food assistance to students who may have challenges with having enough food to eat during the academic year.

The Student Employment Office is located on the 3rd Floor, Room 338, of the Gelsi-Young Building. The Office also retains a website Student Employment - Eastern that specifies policies, procedures, and helps with frequently asked questions. Additional questions from students and their families can be directed to the staff at the office's windows, email, or phone as follows:

- Student Employment, stuemp@easternct.edu, 860.465.4435

Student Employment Opportunities

Jobs are available for both Federal Work-Study (FWS) recipients and those that do not have this award. The rate of pay for FWS and other jobs is the same and based on level of complexity of the job. All vacant student employment positions are advertised through Student Employment's JobQuest's site at https://www.ecsujobs.org/ beginning in August. Students work an average of 10-12 hours per week on campus and in the greater Willimantic community. To qualify for employment, student must be:

- Enrolled in a degree-granting program
- Registered for credits in the semester/term they wish to work
- Up-to-date on their tuition and fee payments

Finding a position is easy through the JobQuest site. Students can search 24/7. Online applications are accepted for all on-campus positions with departments responding through University email. Students can post a Resume Brief viewed by employers searching for qualified candidates. Students can sign up for JobMail, a system that automatically emails jobs that match criteria selected. Students should apply early because the number of open positions is limited. Once a student has found a position and been hired, they **cannot begin work** until they have received their work authorization. Students can contact Student Employment for more details.